

## PRODUCT MONOGRAPH

### Pr **METROGEL**<sup>®</sup>

metronidazole topical gel USP, 0.75%  
metronidazole topical gel Galderma Std, 1%

### Pr **METROCREAM**<sup>®</sup>

metronidazole topical cream, 0.75%

**For topical use only**  
**(Not for ophthalmic use)**

Anti-Rosacea Agent

D06BX01

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# METROGEL<sup>®</sup>, METROCREAM<sup>®</sup>

Metronidazole

## PART I: HEALTH PROFESSIONAL INFORMATION

### SUMMARY PRODUCT INFORMATION

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>Clinically Relevant Nonmedicinal Ingredients*</b>
Topical	metronidazole gel USP, 0.75% metronidazole gel Galderma Std, 1 % metronidazole cream, 0.75%	methylparaben, propylparaben, propylene glycol, phenoxyethanol

\* For a complete listing see Dosage Forms, Composition and Packaging section.

### INDICATIONS AND CLINICAL USE

METROGEL (0.75% & 1%) and METROCREAM (0.75%)(metronidazole topical gel and cream) are indicated for:

- topical application in the treatment of inflammatory papules, pustules, and erythema of rosacea. Patients with dry or sensitive skin may prefer using the cream formulation (i.e., METROCREAM).

#### **Geriatrics (≥ 65 years of age):**

While specific clinical trials in the geriatric population have not been conducted, 66 patients aged 65 years and older treated with METROGEL 1% over 10 weeks showed comparable safety and efficacy as compared to the general study population.

#### **Pediatrics:**

Safety and effectiveness in pediatrics have not been established.

### CONTRAINDICATIONS

METROGEL and METROCREAM (metronidazole topical gel and cream) are contraindicated:

- in individuals with a history of hypersensitivity to metronidazole, or other ingredients of the formulations. For a complete listing, see the Dosage Forms, Composition and Packaging section of the product monograph.

## **WARNINGS AND PRECAUTIONS**

### **General**

Because of the minimal absorption of metronidazole, and consequently its insignificant plasma concentration after topical administration, the systemic adverse reactions reported with the oral form of the drug should not be expected with METROGEL or METROCREAM (metronidazole topical gel or cream).

Physicians should consider the most appropriate formulation (gel or cream) for their patients.

Although rosacea is a chronic disease, data on the long-term use of METROGEL or METROCREAM in rosacea is not available. In controlled clinical trials, patients were treated for up to 12 weeks (see Dosage and Administration section).

### **Carcinogenesis and Mutagenesis**

Information from preclinical studies indicates that metronidazole and its principal metabolite are mutagenic in bacteria and that tumours were observed in animal studies after oral administration of metronidazole (see Toxicology section). The relevance of these findings to the topical use of metronidazole in humans is unknown. The anaerobic or hypoxic conditions that might lead to the production of genotoxic compounds are unlikely to occur in topical use. There is no conclusive evidence after 30 years of clinical use of systemic metronidazole for either a genotoxic or carcinogenic potential.

### **Hematologic**

Metronidazole is a nitroimidazole and should be used with care in patients with evidence of, or history of, blood dyscrasia.

### **Ophthalmologic**

Avoid contact with the eyes. Topical metronidazole has been reported to cause tearing of the eyes. It should not be used in or close to the eye. If contact does occur, flush with water.

Conjunctivitis associated with topical use of metronidazole on the face has been reported.

### **Sensitivity/Resistance**

Exposure to excessive sunlight, including sunlamps and tanning beds, should be avoided when using METROGEL or METROCREAM [based on studies in hairless mice treated with intraperitoneal metronidazole (see Toxicology section)].

### **Skin**

If a reaction suggesting local irritation occurs, patients should be directed to use the medication less frequently, discontinue use temporarily, or discontinue use until further instructions.

There were no reports of contact dermatitis attributed to METROGEL and METROCREAM during clinical trials. However, there have been reports of contact dermatitis/allergic reaction reported as post marketing adverse reactions (see Adverse Reactions section). Physicians should be aware of the possibility of skin sensitivity reactions and of cross-sensitization with other imidazole preparations, such as clotrimazole and tioconazole.

### **Special Populations**

**Pregnant Women:**

There has been no experience to date with the use of METROGEL or METROCREAM (metronidazole) in pregnant patients. Metronidazole crosses the placental barrier and enters the fetal circulation rapidly. No fetotoxicity was observed after oral metronidazole in rats or mice. However, because animal reproduction studies are not always predictive of human response, this drug should only be used during pregnancy after careful assessment of the risk/benefit ratio.

**Nursing Women:**

Even though metronidazole blood levels are significantly lower after topical application than after oral administration a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. After oral administration, metronidazole is secreted in breast milk in concentrations similar to those found in the plasma.

**ADVERSE REACTIONS****Adverse Drug Reaction Overview**

The safety profile of METROGEL (metronidazole topical gel 0.75% and 1%) and METROCREAM (metronidazole topical cream 0.75%) has been established in clinical trials. The results of the safety analyses indicate topical application of metronidazole is well tolerated.

**Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

**Metronidazole Topical Gel 1%**

In a 10-week controlled clinical trial in patients with rosacea, 557 patients used METROGEL<sup>®</sup> (metronidazole gel), 1% and 189 patients used the gel vehicle once daily. Among the treatment groups, the adverse reactions considered related to treatment were low with comparable frequencies. The majority of the adverse reactions were mild or moderate in severity.

Adverse reactions considered related to once daily treatment with METROGEL 1% were reported at a frequency of <1% and are summarized in the table below.

**Table 1: Adverse Reactions Attributed to METROGEL 1% (metronidazole topical gel) †**

<b>SYSTEM ORGAN CLASS / ADVERSE REACTIONS</b>	<b>INCIDENCE (NO. OF PATIENTS)</b>	<b>SEVERITY (NO. OF PATIENTS)</b>	<b>FOLLOW-UP TREATMENT</b>
<b><u>Skin and subcutaneous tissue disorders</u></b>			
Dry skin	0.9% (5)	mild (2) mild mild moderate	treatment required none required none required* none required**
Erythema	0.7% (4)	moderate (3) severe	none required* treatment required*
Pruritus	0.5% (3)	mild moderate severe	none required* none required* treatment required*
Skin burning sensation	0.2% (1)	mild	none required**
Skin irritation	0.2% (1)	severe	treatment required*
Rash papular	0.4% (2)	mild moderate	none required none required*
Skin desquamation	0.2% (1)	moderate	none required*
Skin tightness	0.4% (2)	mild	none required**
Facial oedema	0.2% (1)	severe	treatment required*
Urticaria	0.2% (1)	moderate	treatment required*
<b><u>Eye Disorders</u></b>			
Conjunctivitis	0.4% (2)	mild mild mild	treatment required treatment required* none required
Eye irritation	0.2% (1)	mild	none required
<b><u>Gastrointestinal Disorders</u></b>			
Dyspepsia	0.2% (1)	mild	treatment required

† MedDRA version 9.0 has been used for coding of adverse reactions.

\* drug discontinued

\*\* therapy interrupted/reduced

**Metronidazole Topical Gel 0.75%**

The patient safety database included 114 evaluable patients that participated in controlled and uncontrolled METROGEL (metronidazole topical gel) trials. Adverse reactions attributed to the use of METROGEL are summarized in the table below.

**Table 1: Adverse Reactions Attributed to METROGEL 0.75% (metronidazole topical gel)**

SYSTEM ORGAN CLASS / ADVERSE REACTIONS	INCIDENCE (NO. OF PATIENTS)	SEVERITY	FOLLOW-UP TREATMENT
<b><u>Skin and subcutaneous disorders</u></b>			
Skin irritation	1.8% (2)	mild	none required
Dry skin	1.8% (2)	mild	none required
Erythema	1.8% (2)	mild	none required
Burning sensation	0.9% (1)	mild	none required
<b><u>Eye disorders</u></b>			
Lacrimation increased	0.9% (1)	mild	none required

**Metronidazole Topical Cream**

In controlled clinical trials with METROCREAM (metronidazole topical cream), the patient safety database included 71 evaluable patients. Adverse reactions attributed to the use of METROCREAM are summarized in the table below.

**Table 2: Adverse Reactions Attributed to METROCREAM (metronidazole topical cream)**

SYSTEM ORGAN CLASS / ADVERSE REACTIONS	INCIDENCE (NO. OF PATIENTS)	SEVERITY	FOLLOW-UP TREATMENT
<b><u>Skin and subcutaneous disorders</u></b>			
Skin discomfort (burning & stinging)	2.8% (2)	moderate	none required
Rosacea	1.4% (1)	moderate	drug discontinued
Erythema	1.4% (1)	mild	drug discontinued
Skin irritation	1.4% (1)	moderate	drug discontinued
Pruritus	1.4% (1)	moderate	drug discontinued
			none required

**Post-Market Adverse Drug Reactions**

Since commercialization of METROGEL (0.75%, 1%) and METROCREAM, the following post marketing adverse reactions have been reported.

A causal relationship with topical metronidazole has not been unequivocally established for these adverse drug reactions.

**Post Marketing Adverse Drug Reactions by System Organ Class, MedDRA preferred term for METROGEL and METROCREAM:**

*Blood and lymphatic disorders: Leucopenia*

*Eye disorders:* Lacrimation increased

*Gastrointestinal disorders:* Dysgeusia, nausea

*General disorders and administration:* Condition aggravated

*Immune system disorders:* Hypersensitivity

*Nervous system disorders:* Paraesthesia

*Skin and subcutaneous tissue disorders:* Dermatitis contact, dry skin, erythema, pruritis, rash pustular, dermatitis bullous, skin burning sensation, skin irritation, skin exfoliation, swelling face



## DRUG INTERACTIONS

### Drug-Drug Interactions

**Table 4: Established or Potential Drug-Drug Interactions**

Metronidazole	Ref	Effect	Clinical comment
Coumarin and warfarin	C/CT	Potentiate the anticoagulant effect	Drug interactions are less likely with topical administration but should be kept in mind when metronidazole is prescribed for patients who are receiving anticoagulant treatment. Oral metronidazole has been reported to potentiate the anticoagulant effect of coumarin and warfarin resulting in a prolongation of prothrombin time.
Alcohol	T (topical) C (oral)	Disulfiram-like reaction.	Oral metronidazole also interacts with alcohol, producing a disulfiram-like reaction. Although this adverse reaction has not been reported with topical application of metronidazole, a drug interaction of metronidazole-alcohol is a possibility.
Other imidazole preparations such as clotrimazole and tioconazole	T	Skin sensitivity	Physicians should be aware of the possibility of skin sensitivity reactions and of cross-sensitization with other imidazole preparations.

Legend: C = Case Study; CT = Clinical Trial; T = Theoretical

## DOSAGE AND ADMINISTRATION

### Recommended Dose and Dosage Adjustment

METROGEL 1%: Apply and rub in a thin film once daily to entire affected area(s).

METROGEL 0.75% and METROCREAM 0.75%: Apply and rub in a thin film twice daily, morning and evening, to entire affected areas.

Significant therapeutic results should be noticed within three weeks. Clinical studies have demonstrated continuing improvement through nine weeks of therapy. The dosage required for long-term administration is uncertain (see Warnings section).

### Administration

Areas to be treated should be cleansed before application of METROGEL or METROCREAM. The face must be dry before applying medication.

Patients may use cosmetics after application of METROGEL or METROCREAM. The

medication should have absorbed into the skin (“dry”) before the cosmetics are applied.

## OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre

There is no human experience with overdosage of METROGEL or METROCREAM (metronidazole topical gel or cream). Topically applied metronidazole can be absorbed in sufficient amount to produce systemic effects.

Massive ingestion may produce vomiting and slight disorientation. There is no specific antidote. Activated charcoal may be administered to aid in the removal of unabsorbed drug. General supportive measures are recommended.

## ACTION AND CLINICAL PHARMACOLOGY

### Mechanism of Action

METROGEL and METROCREAM (metronidazole topical gel and cream) preparations are particularly effective against the inflammatory, papulopustular component of rosacea. The mechanisms by which topical metronidazole acts in reducing inflammatory lesions of rosacea are unknown, but may include an anti-bacterial and/or an anti-inflammatory effect (see Detailed Pharmacology section).

### Pharmacokinetics

Serum metronidazole levels have been shown to be below detection limits (<25 ng/mL) at the majority of time points after administration of topical metronidazole. At the time points that it could be detected, topical metronidazole produced blood levels ( $C_{max}$  40.6 ng/mL) that were approximately 80% less than a similar dose administered orally ( $C_{max}$  212 ng/mL). Therefore, with normal usage, topical metronidazole results in minimal blood levels of metronidazole.

## STORAGE AND STABILITY

METROGEL 1% (metronidazole topical gel): Store at room temperature (15° to 30°C).

METROGEL 0.75% and METROCREAM (metronidazole topical gel and cream): Store at 15° to 30°C.

## DOSAGE FORMS, COMPOSITION AND PACKAGING

METROGEL 1% is supplied in a 55 g high-density polyethylene (HDPE) bottle with a polypropylene (PP) pump.

METROGEL 0.75% (metronidazole topical gel) is supplied in 60 g aluminum tubes.

METROCREAM (metronidazole topical cream) is supplied in 60 g aluminum tubes.

**Composition:****METROGEL 1%**

METROGEL (metronidazole topical gel) is an aqueous gel containing metronidazole 1%. Non-medicinal ingredients: betadex, edetate disodium, hydroxyethyl cellulose 250 HHX, methylparaben, niacinamide, phenoxyethanol, propylene glycol, propylparaben, and purified water.

**METROGEL 0.75%**

METROGEL (metronidazole topical gel) is a clear, colourless gel containing metronidazole 0.75%. Non-medicinal ingredients: carbopol 940, edetate disodium, methylparaben, propylene glycol, propylparaben, sodium hydroxide and purified water.

**METROCREAM**

METROCREAM (metronidazole topical cream) is a white, smooth, emollient cream containing metronidazole 0.75%. Non-medicinal ingredients: benzyl alcohol, emulsifying wax, glycerin, isopropyl palmitate, lactic acid and/or sodium hydroxide, sorbitol solution and purified water.

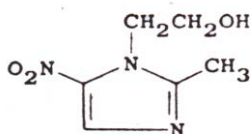
**PART II: SCIENTIFIC INFORMATION****PHARMACEUTICAL INFORMATION****Drug Substance**

Proper name: metronidazole

Chemical name: 1-H-imidazole-1-ethanol-2-methyl-5-nitro *or*,  
2-Methyl-5-nitroimidazole-1-ethanol

Molecular formula and molecular mass:  $C_6H_9N_3O_3$ , 171.16

Structural formula:



Physicochemical properties:

Description: Metronidazole is a white to pale yellow, odourless crystalline powder with a bitter, metallic taste.

Melting point: 159-163°C

Solubility: It is sparingly soluble in water and alcohol at 20°C; 1.0 g/100 mL in water, 0.5 g/100 mL in ethanol. Slightly soluble in chloroform and ether (<0.05). Soluble in dilute acids.

pH: The pH of a saturated aqueous solution is 5.8.

## CLINICAL TRIALS

### Study Demographics and Trial Design

#### Metronidazole topical gel 1%

**Table 5: Summary of Patient Demographics for Clinical Trial in Rosacea for METROGEL 1% (metronidazole topical gel)**

Study #	Trial design	Dosage, route of administration and duration	# Subjects by arm entered/ completed	Mean age (Range)	Gender
1	Multicenter, randomized, investigator-blinded and vehicle-controlled, parallel comparison	METROGEL 1% (metronidazole topical gel), topically to face, qd for 10 weeks	557/480	48.4 (18-92 yrs)	149M/ 408F
		Metronidazole gel vehicle, topically to face, qd for 10 weeks	189/158	47.8 (22-81 yrs)	48M/ 141F

Safety and efficacy of METROGEL<sup>®</sup> (metronidazole gel), 1% have been demonstrated in a 10-week, randomized, vehicle-controlled trial in 746 patients with rosacea. Patients were treated once daily for ten weeks with METROGEL<sup>®</sup> (metronidazole gel), 1%, or with gel vehicle.

Patient demographics and disease history including age, sex, race, and duration of rosacea were not significantly different. The mean age was approximately 48 years and the percentage of patients over 65 years old was comparable in the treatment groups (10-12%). In each treatment group, more than 70% of patients were women and more than 86% were white. The mean disease duration for patients in the study was 7 to 8 years. Most patients had “moderate” rosacea at baseline.

### Study Results

#### Metronidazole topical gel 1%

Efficacy was determined by recording reduction in inflammatory lesion counts and success rate in the Investigator Global Assessment (percentage of subjects “clear” and “almost clear” of rosacea at the end of the study). The scale is based on the following definitions:

Investigator Global Assessment Scale		
Score	Grade	Definition
0	Clear	No signs or symptoms present; at most, mild erythema
1	Almost Clear	Very mild erythema present. Very few small papules/pustules
2	Mild	Mild erythema. Several small papules/pustules
3	Moderate	Moderate erythema. Several small or large papules/pustules, and up to 2 nodules
4	Severe	Severe erythema. Numerous small and/or large papules/pustules, up to several nodules

The results are shown in the following table:

**Table 6: Summary of clinical trial results for METROGEL 1% (metronidazole topical gel)<sup>1</sup>**

	METROGEL <sup>®</sup> 1%		Vehicle		p-value <sup>4</sup>
	N	Results (%)	N	Results (%)	
<b>Inflammatory Lesion Counts and Global Scores in a Clinical Trial of Rosacea (ITT population)<sup>2</sup></b>					
<b>Inflammatory lesion<sup>3</sup></b>	<b>557</b>		<b>189</b>		
Baseline, mean count		18.3		18.4	
Week-10, mean count		8.9		12.8	
Reduction		9.4 (50.7)		5.6 (32.6)	<0.0001*
<b>Investigator Global Assessment<sup>5</sup></b>	<b>557</b>		<b>189</b>		
Subject clear or almost clear		214 (38.42)		52 (27.51)	0.0060*
Subject with no change		159 (28.5)		77 (40.7)	

<sup>1</sup> Superiority of Metronidazole Gel, 1% over Metronidazole Gel Vehicle in the percent reduction in inflammatory lesion count for the Week 10 last observation carried forward (LOCF) analysis was also demonstrated for the PP (per protocol) populations (p<0.0001). For the Week 10 LOCF analysis, Metronidazole Gel 1% was also superior to the gel vehicle for the PP populations (p=0.0297).

<sup>2</sup> Intent to Treat Efficacy Population includes all patients randomized in the trial

<sup>3</sup> Papules + pustules + nodules

<sup>4</sup> Based on ANOVA for lesion analysis and Cochran-Mantel-Haenszel test for Investigator Global Assessment analysis

<sup>5</sup> Dichotomized success/failure where success = clear or almost clear and failure = mild, moderate or severe

\* Statistically significant difference

Patients treated with METROGEL<sup>®</sup> 1% experienced a mean reduction of 9.4 (50.7%) inflammatory lesions in the Week-10 last observation carried forward (LOCF) group, compared to a reduction of 5.6 (32.6%) for those treated with vehicle, or a difference in means of 3.8 lesions (p<0.0001).

Investigator Global Assessment of these same patients treated with METROGEL<sup>®</sup> 1% showed 214 patients (38.4%) were clear or almost clear in the Week-10 LOCF group, in comparison with 52 (27.5%) who were clear or almost clear in the vehicle group (p=0.0060).

### Safety Studies with Metronidazole topical gel

Studies of cumulative irritation (n=35), contact sensitization-repeat insult patch test (n=230), phototoxicity (n=29), and photoallergy (n=30) of METROGEL<sup>®</sup> 1% were conducted. No significant evidence of irritation, sensitization, phototoxicity or photoallergy was found in these studies.

### Metronidazole topical gel 0.75%

Two randomized, double-blind, placebo-controlled, split-face design clinical studies were conducted in the United States on patients with rosacea. METROGEL 0.75% (metronidazole gel) was applied to one side of the face and placebo gel to the other, twice daily for nine weeks. The results are summarized in the following table.

**Table 7: Clinical Trial Results for METROGEL 0.75% (metronidazole topical gel)**

NUMBER OF PATIENTS EVALUATED	% OF PATIENTS WITH SUBSTANTIAL REDUCTION IN INFLAMMATORY LESIONS		% OF PATIENTS WITH IMPROVEMENT IN ERYTHEMA	
	METROGEL	Placebo	METROGEL	Placebo
39 (15M, 24F) <sup>a</sup>	77% *	28%	56%	28%
47 (25M, 22F) <sup>b</sup>	68% *	28%	74%	55%

\* among MetroGel (metronidazole topical gel) substantial responders, mean lesion reduction was 81% in Dr. Sober's study<sup>a</sup> and 83% in Dr. Aronson's study<sup>b</sup>.

Statistically significant differences in inflammatory lesions, erythema and global assessments were seen at 3, 6 and 9 weeks post baseline in favour of the active treatment side. The telangiectatic component of the disease was not altered.

### Metronidazole topical cream

One multicenter, randomized, double-blind, placebo-controlled clinical study was conducted to evaluate METROCREAM in the treatment of rosacea. The prescribed therapy was applied twice daily for 12 weeks with follow-up at 3, 6, 9 and 12 weeks. The results are summarized in the following table.

**Table 8: Clinical Trial Results for METROCREAM 0.75% (metronidazole topical cream)**

NUMBER OF PATIENTS EVALUATED	% OF PATIENTS WITH SUBSTANTIAL REDUCTION IN INFLAMMATORY LESIONS		% OF PATIENTS WITH IMPROVEMENT* IN ERYTHEMA	
	METROCREAM	Placebo	METROCREAM	Placebo <sup>†</sup>
69	67%	36%	54%	46%

\* patients with mild or absent erythema at endpoint as rated by the investigation.

<sup>†</sup> the number of evaluable placebo patients for erythema was 70.

At all follow-up time points, the median lesion counts for the metronidazole cream group were less than that of the vehicle group, with the greatest difference at endpoint. Baseline lesion counts reduced from 13.0 to 4.0 at endpoint for metronidazole cream and 12.0 - 8.0 at endpoint for vehicle. Statistical significance was also shown in favour of metronidazole cream at weeks 3, 9, 12 and endpoint for patients demonstrating at least a 75% lesion count improvement in inflammatory lesion counts ( $p < 0.05$ ).

### DETAILED PHARMACOLOGY

Clinical and experimental evidence suggests that rosacea presents through degenerative changes of the perivascular (and possibly vascular) collagen and elastic tissues. This dermal dystrophy leads to small vessel dilation resulting in telangiectasia, erythema, and flushing. Eventually this leads to small vessel incompetence with leakage of potentially inflammatory substances perivascularly which produce papules, pustules, and lupoid nodules. Alternatively, a number of antigens, including the mite *Demodex folliculorum* or light-altered collagen and nuclear components could generate an immune response leading to the inflammatory changes. Since metronidazole is particularly effective against the inflammatory papulopustular component of the disease, its mechanism of action may involve an anti-inflammatory effect. Evidence has been

presented that metronidazole has a direct pharmacological effect on neutrophil cell function, inhibiting the generation of reactive oxygen species. Other investigators have provided evidence for an anti-inflammatory activity, modification of the granulocyte function, and selective effects on some aspects of the humoral and cell-mediated immunity.

### **Pharmacokinetics**

Metronidazole is rapidly and nearly totally absorbed after oral administration. The drug is not significantly bound to serum proteins and distributes well to all body compartments with the lowest concentration found in fat. Metronidazole is excreted primarily in the urine as parent drug, oxidative metabolites, and conjugates.

Studies on the topical administration of 1 gram of metronidazole 0.75% topical gel to the face (7.5 mg of metronidazole) of 10 rosacea patients showed a maximum serum concentration of 66 nanograms per milliliter in one patient. This concentration is approximately 100 times less than concentrations afforded by a single 250 mg oral tablet. The serum metronidazole concentrations were below the detectable limits (< 25 ng/mL) of the assay at the majority of time points in all patients. Three of the patients had no detectable serum concentrations of metronidazole at any time point. The mean dose of gel applied during clinical studies was 600 mg, which represents 4.5 mg of metronidazole per application. Therefore, under normal usage levels, the formulation affords minimal serum concentrations of metronidazole.

A multiple-dose (7-day) pharmacokinetic study on the topical administration of a one gram dose of metronidazole 1% topical gel to the face of 13 patients with moderate to severe rosacea showed a maximum plasma level ( $C_{max}$ ) of 44.7 ng/mL. The mean  $\pm$  SD  $C_{max}$  of metronidazole was  $32.1 \pm 8.5$  ng/mL, which is less than 1% of the value reported for a single 250 mg oral dose of metronidazole. The mean AUC<sub>(0-24)</sub> value for metronidazole was 595.43 ng/mL/hour and the mean AUC<sub>(0-48)</sub> was 827.65 ng/mL/hour. The time to maximum plasma concentration ( $T_{max}$ ) in the patients with detectable metronidazole was 6-10 hours after topical application.

Three *in vitro* and two *in vivo* pharmacokinetic studies have been performed on human skin to evaluate metronidazole bioavailability following cutaneous application of the three topical 0.75% metronidazole formulations (gel, cream, lotion). These were compared with systemic administration (oral metronidazole). The mean relative bioavailabilities of metronidazole gel, cream and lotion were 41.2%, 44.5%, and 47.4 % respectively for the *in vivo* study.

The results suggest that the *in vitro* experiments were only partially predictive of *in vivo* conditions. The amount of metronidazole recovered in the receptor fluid *in vitro* was significantly higher for the gel than for the cream and lotion, whereas no statistically significant differences were observed for the three formulations (gel, cream, lotion) *in vivo* in the serum. If percutaneous absorption *in vitro* is measured by the total amount of metronidazole recovered in the skin and in the receptor fluid, then it remains significantly higher for the gel than for the lotion. These discrepancies between the *in vitro* and *in vivo* data suggest that *in vivo* percutaneous metronidazole absorption is not mediated only *via* passive diffusion.

## **TOXICOLOGY**

### **Acute Toxicity**

The acute oral LD<sub>50</sub> of metronidazole as a pure substance is in the range of 3 to 5 g/kg in mice



and rats, respectively. Signs of toxicity following oral or intravenous administration were sedation, ataxia and death in mice, and sedation and death in rats. METROGEL 0.75% (metronidazole topical gel) was administered in one dose at 5 g/kg by oral gavage to ten (5M, 5F) young adult rats. No animal showed clinical signs of toxicity and no animal had visible lesions on gross necropsy. Therefore it is concluded that the oral LD<sub>50</sub> of 0.75% metronidazole gel, in male and female rats, is greater than 5 g/kg of body weight.

### **Subacute Toxicity**

METROGEL 0.75% (metronidazole topical gel) was applied topically, 5 days per week, to young adult rabbits at three dose levels plus control (5M + 5F/dose level) for 13 weeks. The three dose levels employed were the human dose (per application) equivalent, and 10 and 100 times the human equivalent on a mg/kg basis.

There were no compound-related dermal observations for treated animals nor were there effects on the hematology or clinical chemistry data of treated rabbits when compared with those of controls. No effects were observed on terminal body weight or organ weights. In addition, there were no compound-related macroscopic or microscopic pathologic findings.

The no-observable-effect level for rabbits exposed cutaneously to 0.75% metronidazole is greater than 13.0 mg/kg.

### **Subchronic Toxicity**

Two treatment groups containing five male and five female Sprague Dawley rats were treated with either the lotion or the gel formulation. A third, identical group left untreated served as a control. A treatment dose of 2 mL/kg/day (approximately 15 mg/kg/day metronidazole) was applied to about 10% of the total body surface once daily for 28 consecutive days (clipped mid-dorsal region, intact skin). In a satellite study, 24 Sprague Dawley rats were treated with a single cutaneous application (2 mL/kg) of either the lotion or the gel formulation (10 rats each, five males and five females), or with the vehicle alone (four rats). Blood samples for metronidazole determination in plasma were taken four hours following treatment.

No cutaneous signs of irritation were observed in any group (no erythema or edema in any animal). A variety of changes were observed in the clinical chemistries of animals treated with metronidazole lotion and gel 0.75% formulations. These changes are of no toxicological significance as the changes were small and metronidazole can interfere with certain types of determinations of serum chemistry values. A significant reduction in the white blood cell counts was noted in females treated with either the lotion or gel formulation ( $p=0.05$  vs. control). No macroscopic abnormalities were detected on necropsy. Histopathology did not reveal any treatment-related changes.

Four hours following a single application of the lotion formulation (day 1), the mean metronidazole plasma levels were 207 ng/mL in males and 170 ng/mL in females. Higher metronidazole levels were observed following repeated applications, with mean levels of 736 and 922 ng/mL in males and females, respectively, four hours after the 28th application.

It is concluded that no cutaneous signs of irritation were seen in any of the treatment groups and that the minimal signs of systemic toxicity are of no toxicological significance for the topical use of metronidazole lotion, 0.75% in the treatment of rosacea.

### **Primary Dermal Irritation**

Metronidazole gel, cream, or lotion were applied to one intact and one symmetrically abraded test site on the backs of New Zealand white rabbits and maintained under occlusion. Patches were removed 24 hours after application and the treated areas were individually examined and scored for erythema and edema using the Draize four-level skin scoring scale. Neither metronidazole gel, cream, nor lotion were judged primary skin irritants.

A dermal sensitisation study in Hartley albino guinea pigs, evaluated METROGEL 1% via a combination of intradermal and topical applications. Animals were divided into 4 groups: 12 test animals, 6 negative controls (vehicle – Sterile Water for Injection, USP:WFI), 6 positive controls (1-chloro-2,4-dinitrobenzene:DNCB) and six naïve positive controls. During the 9-day induction phase, the test formulation (diluted in a 25% v/v WFI) and the control solutions were administered by interdermal injection. At 7 days post-injection, the same animals were exposed to a topical application for 48 hours. A challenge phase 14 days later consisted of topical exposure to untreated sites on the animals. The dosing sites erythema scores ranged from 0 to 1 for the metronidazole test group and negative control. There were no edema reactions. Metronidazole gel 1% was not a contact sensitizer and did not induce an allergic response.

METROGEL 1% (0.5 mL) was administered at 2 sites, 1 intact and 1 abraded to the back of the New Zealand White rabbits (n=6) in a primary skin irritation study. Following removal of the gel at 24 hrs, Dermal Irritation scores and Cumulative Primary Dermal Irritation scores at 24 and 72 hours for intact and abraded sites were 0 for all animals. No irritation was observed throughout the duration of the study.

### **Primary Eye Irritation**

METROGEL (metronidazole gel) (0.1 mL) was placed into the everted lower lid of one eye of each of three rabbits. The upper and lower lids were gently held together for one second to prevent loss of material and then released. The other eye served as the untreated control. The eyes were unflushed and examined for ocular irritation at 1, 24, 48 and 72 hours after treatment. At the 72 hour reading, sodium fluorescein was used to aid in revealing possible corneal injury. Irritation was graded and scored according to the Draize technique.

No pain response (vocalization) was elicited from any animal following instillation of the test material and no corneal or iridal irritation was exhibited by any animal during the study period. In addition, the sodium fluorescein examination at 72 hours was also negative for all animals. One animal at 1 hour had a clear discharge in an amount different from normal. It was concluded that this formulation does not produce irritation in the rabbit eye.

New Zealand White rabbits (n=6); were administered METROGEL 1% (0.1 mL) to the right eye in a primary eye irritation study. The right eye, and the left eye which served as a control, were rinsed with saline after 24 hrs. No irritation was observed in the eyes of the animals at 25, 48 and 72 hours following administration. Metronidazole gel was determined not to be an eye irritant.

### **Mutagenicity**

The mutagenic potential of metronidazole has been extensively studied, either *in vitro* as an active ingredient, or *in vivo* following systemic administration.

In the Ames test, with several susceptible bacteria, and in growing and dividing cells of yeast and

fungi, metronidazole demonstrated mutagenicity. Mutagenesis in this test only occurred under anaerobic conditions or when the nitroimidazoles were reduced by oxygen-insensitive nitroreductases. Since mutagenesis in the Ames test occurs only under conditions of low redox potential, which is unattainable in normal aerobic human cells, the relevance of this type of mutagenicity testing to potential human toxicity is questionable. The inherent antimicrobial properties of metronidazole further complicate the interpretation respecting genotoxicity to humans.

Metronidazole in *in vitro* non-mammalian systems using *Drosophila* showed no mutagenic activity in the sex-linked recessive lethal test, whereas it induced an increase in the frequency of mosaic light spots on the eyes.

In several *in vitro* and *in vivo* mammalian mutation-detecting assays, metronidazole and its two primary metabolites have produced negative results. The tests included: *in vivo* dominant lethal tests in rodents; the micronucleus test in rodents; sister chromatid exchange (SCE) in rodent cell lines, *in vitro* and *in vivo*, with and without S9 fractions; chromosomal aberration assays in human lymphocytes *in vitro* and *in vivo*; heritable translocation in mice; mutations at the TK locus in L5178Y mouse lymphoma cells; mutation at the HGPRT or Na<sup>+</sup>/K<sup>+</sup> ATPase locus in V79 cells and assays for DNA synthesis inhibition and unscheduled synthesis (repair) and damage.

Positive reports have included induction of chromosome aberrations in Chinese hamster V79 cells (only under anaerobic conditions); mutation of V79 “spheroids” (under partial hypoxic condition) and DNA single-strand breaks in rat hepatocytes as measured by alkaline elution. Other studies reported positive mutagenic effects including an increase in the percentage of abnormal anaphases in CHO cells, an increase in the percentage of micronuclei in human lymphocytes, a dose-related relationship in the frequency of micronuclei in mice, and a dose-related relationship in the increase of chromosomal aberrations in human lymphocytes.

In humans, no significant increases in the frequency of chromosomal aberrations or sister chromatid exchanges were observed in lymphocytes from patients treated with oral metronidazole for trichomoniasis. An increased chromosome aberration frequency in peripheral lymphocytes relative to controls was reported in a population of patients with Crohn's disease treated with oral metronidazole. No increased chromosome aberration frequency could be detected in the lymphocytes from patients treated with oral metronidazole for Crohn's disease in a double-blind cross-over study.

### **Carcinogenicity/Photocarcinogenicity**

Long-term bioassays for carcinogenicity of systemic metronidazole have been carried out in three species of rodents: mouse, rat, and hamster, and one study also investigated the potential photocarcinogenic effects of intraperitoneally administered metronidazole.

Increased tumour incidences were reported from several studies in both rats and mice administered systemic metronidazole, but not in hamsters. Induction of lung adenomas and lymphatic lymphomas in male and female mice followed a relatively short, low dose exposure. A tendency towards an increase in the number of mammary tumours in female rats and in benign tumours of all cell types in both sexes of rat was observed. An enhanced response to UV induced skin tumours was reported for intraperitoneally administered metronidazole in hairless mice. No carcinogenicity studies have been performed by the topical route in animals. The relevance of

these tumour findings in animals to the topical use of metronidazole in humans is unknown. There is no conclusive evidence after 30 years of clinical use of systemic metronidazole for a carcinogenic potential.

In humans, three cases of carcinoma were reported in patients with Crohn's disease treated with large doses of oral metronidazole. Two of these patients developed breast carcinoma. One of them had received a total metronidazole dose of 720 g within a 3-year continuous treatment, the second one had received a total dose of approximately 340 g within two 4- to 5-month treatment periods. The third patient, who developed a cholangiocarcinoma, had received a total metronidazole dose of approximately 275 g over a 3-year period. The metronidazole doses involved are in excess from those used for the treatment of trichomoniasis, which usually consist of a total 8-g dose given over a 7 to 10-day period. No relationship other than chronological association could be established between these cases of cancers and the absorption of metronidazole.

One case of adrenal neuroblastoma was reported in a newborn male whose mother was treated with metronidazole during pregnancy. The dosage consisted of oral metronidazole 250 mg twice daily and intravaginal metronidazole 500 mg daily, both for 10 days. It was not possible to establish a causal relationship between adrenal neuroblastoma and metronidazole based on this report.

#### **Epidemiological Studies**

In view of these clinical reports and of the results obtained in animals, several epidemiologic studies were conducted to evaluate the incidence of cancers in patients treated with metronidazole.

In 771 women treated with metronidazole for vaginal trichomoniasis, no statistically significant increase in the incidence of cancers of all sites was observed when compared to the expected figures given by official statistics for a comparable standard population. Similar results were obtained in 237 untreated patients with the same pathology. In a subsequent study based on a 15 to 25-year follow-up of the same 771 patients, a slightly higher overall standardized morbidity ratio was observed in women prescribed metronidazole for trichomonal infection compared with age-specific expected rates calculated from several standard data bases. For site-specific cancers, only the standardized morbidity ratio for lung cancer was significantly increased ( $p < 0.05$ ). However, this observation was based on only 12 cases, 10 of whom were smokers. Smoking confounds any definitive association between metronidazole use and lung cancer.

In a screening analysis for carcinogenicity of commonly used drugs including metronidazole, 143,574 users of various medicinal drugs during the period 1969-1973 were followed through to 1976 for the development of cancer. For metronidazole, no statistically significant associations with cancer of any site or all sites combined were found.

In 2,460 persons who received at least one prescription of metronidazole between 1960 and 1973 and who were followed up through 1976, 45 cases of cancer were diagnosed whereas 33.3 cancer cases were expected. The excess was caused entirely by an excess occurrence of cancer of the uterine cervix, whose association with metronidazole-treated vaginitis can be explained by poor sexual hygiene. In an 11 to 15-year follow-up of the same subjects, the statistically significant increase in cervical cancer was still observed, but an increased risk for lung cancer or for all cancers combined could not be confirmed.

In 12,280 persons who received one or more prescriptions of metronidazole from 1977 to 1979, no increase in the incidence for the six cancers followed (endometrium, testis, thyroid, liver, breast and lung) was observed.

Information from the epidemiological studies did not demonstrate a significant increase in the incidence of tumours. However, since the data are limited, no definitive conclusion can be made at the present time.

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**PART III: CONSUMER INFORMATION****PrMETROGEL<sup>®</sup>, PrMETROCREAM<sup>®</sup>  
metronidazole**

This leaflet is part III of a three-part "Product Monograph" and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about METROGEL and METROCREAM. Contact your doctor or pharmacist if you have any questions about the drug.

**ABOUT THIS MEDICATION****What the medication is used for:**

METROGEL and METROCREAM are used to treat rosacea (roh-ZAY-she-ah). Patients with dry or sensitive skin may prefer using the cream or lotion formulation. This medication should not be used for any other reason than that which it is prescribed.

**What it does:**

METROGEL and METROCREAM are effective in reducing the inflammatory lesions of rosacea. It works by reducing inflammation and/or by killing bacteria.

**When it should not be used:**

METROGEL and METROCREAM should not be used in individuals with a history of hypersensitivity to metronidazole or other ingredients of the formulations. See, "What the important nonmedicinal ingredients are".

**What the medicinal ingredient is:**

METROGEL and METROCREAM contain metronidazole.

**What the important nonmedicinal ingredients are:**

Non-medicinal ingredients: MetroGel 1% - betadex, edetate disodium, hydroxyethyl cellulose 250 HHX, methylparaben, niacinamide, phenoxyethanol, propylene glycol, propylparaben, and purified water. MetroGel 0.75% - carbopol 940, edetate disodium, methylparaben, propylene glycol, propylparaben, sodium hydroxide and purified water. MetroCream - benzyl alcohol, emulsifying wax, glycerin, isopropyl palmitate, lactic acid and/or sodium hydroxide, sorbitol solution and purified water.

**What dosage forms it comes in:**

METROGEL 1% is supplied in a 55 g high-density polyethylene (HDPE) bottle with a polypropylene (PP) pump. METROGEL 0.75% is supplied in 60 g aluminum tubes. METROCREAM (metronidazole topical cream 0.75%) is supplied in 60 g aluminum tubes.

**WARNINGS AND PRECAUTIONS**

**BEFORE you use METROGEL and METROCREAM, talk to your doctor or pharmacist if:**

- You have any allergies to this drug or its ingredients.
- You have a history of blood disease or your blood is not normal in some way.
- You are pregnant or nursing.
- You plan to be in the sun. Avoid excessive exposure to sunlight, including sunlamps and tanning beds.
- Irritation occurs during treatment, discuss with your doctor. Your doctor may advise that you discontinue the medication, discontinue the medication temporarily, or take the medication less frequently.

**INTERACTIONS WITH THIS MEDICATION**

**Drugs that may interact with METROGEL and METROCREAM include:** coumarin, warfarin, other imidazole preparations such as clotrimazole and tioconazole, and possibly alcohol.

**PROPER USE OF THIS MEDICATION****Usual adult dose:**

Cleanse and dry affected area before applying medication.

METROGEL 1%: Apply and rub in a thin film once daily to the affected area.

METROGEL 0.75% and METROCREAM: Apply and rub in a thin film twice daily, morning and evening to affected areas.

After applying metronidazole gel or cream and the medication has dried, cosmetics can be applied.

Results should be expected in about three weeks with continuing improvement through nine weeks of treatment.

This medicine is for external use only. Do not use this medicine in or near the eyes. If this medicine does get into your eyes, wash them out immediately, but carefully, with large amounts of cool tap water. If your eyes still burn or are painful, check with your doctor.

**Overdose:**

For management of a suspected drug overdose, contact your regional Poison Control Centre

Topically applied metronidazole can be absorbed in sufficient amount to produce systemic effects. Massive ingestion may produce vomiting and slight

disorientation. If you or anyone else suspects an overdose, promptly call your doctor or pharmacist.

**Missed dose:**

If you miss a dose of this medicine, apply it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

**SIDE EFFECTS AND WHAT TO DO ABOUT THEM**

Like all prescription medicines, METROGEL and METROCREAM can have side effects. Some common side effects related to metronidazole were skin redness, burning/stinging, hypersensitivity, skin irritation, dry skin, itching, rosacea worsening. Uncommon side effects were watery eyes, eye irritation, rash, skin peeling, skin tightness, facial swelling, hives, contact dermatitis, skin inflammation, skin pain.

*This is not a complete list of side effects. For any unexpected effects while taking METROGEL and METROCREAM, contact your doctor or pharmacist.*

**HOW TO STORE IT**

METROGEL 1%: Store at room temperature (15° to 30°C).

METROGEL 0.75% and METROCREAM: Store at 15° to 30°C.

Keep out of reach of children.


**REPORTING IDE EFFECTS**

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

3 Ways to report:s:

- Online at MedEffect;
- By Calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:  
-Fax to 1-866-678-6789 (toll-free), or  
-Mail to:

Canada Vigilance Program  
Health Canada  
Postal Locator 0701E  
Ottawa, Ontario  
K1A 0K9

Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

**MORE INFORMATION**

This document plus the full product monograph, prepared for health professionals can be found at: <http://www.galderma.ca> or by contacting the sponsor, Galderma Canada Inc., at: 1-800-467-2081

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